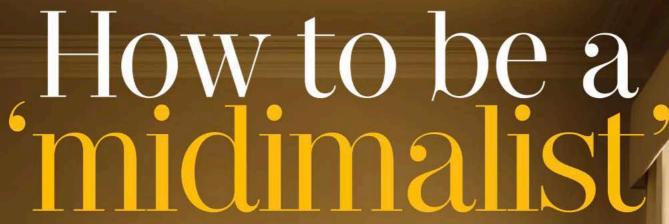
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It's the great interior design debate that continues to divide us: minimalism vs maximalism. But what if you didn't have to choose a side at all? Say hello to 'midimalism'...

ost of us will be familiar with the idea that when it comes to interior design, there are two distinct camps: team minimalist (less is more) and team maximalist (more is more). And yet many of us find that minimalist spaces can feel cold and impersonal, while maximalist ones can seem too busy or even overwhelming. That's why we're welcoming you to team 'midimalist', the new approach that takes cues from the minimalists - think clean lines and understated patterns - but also uses some of the more modest elements of maximalism - tactile textures and bolder colours. It's simple to do and even easier to live with. Here's how you can achieve it in every space...



Wall painted in Golden Retriever and Bella Blue matt emulsions, from £20.75 for 0.94L, Benjamin Moore. For similar furniture and accessories, try Heal's

